

# Sticky Chicken Wings



Delicious. Every time.

**Prep Time:** 5 mins

Serves 4

## Ingredients:

ROYCO Sweet and Sour Sauce

12 chicken wings

1 red or green pepper, sliced



## Cooking Instructions:

1. Prepare ROYCO sauce according to packet instructions.
2. Preheat oven to 190°C.
3. Place chicken wings and sliced peppers in an ovenproof dish and pour the sauce over the chicken.
4. Roast until golden and crispy. Season to taste and serve with rice.